

LISTA DI PARTENZA TRIANGOLO DEL POETTO 2025

Cuffia	Cognome	Nome	Anno	Società	Tessera	Sesso	Categoria	Tipo
209	CARDINALE	SILVIA	2008	ssd. Antares - Iglesias	956231	F	C	A
259	RUGGERI	MARTA	2008	Pol. Ferrini - Cagliari	802886	F	C	A
205	BACHETTI	LARA AMELIE	2013	Atlantide ssd - Cagliari	1209730	F	EA	A
207	CARBE'	CAMILLA	2013	Acqua Sport ssd - Cagliari	1184808	F	EA	A
208	CARBONI	MATILDE	2014	Atlantide ssd - Cagliari	1206640	F	EA	A
212	CASTELLO	AURORA	2013	Atlantide ssd - Cagliari	1048698	F	EA	A
214	CIREDDU	GIORGIA	2013	All Together ssd	1355842	F	EA	A
220	D'AMBRA	SOFIA	2014	Atlantide ssd - Cagliari	1209782	F	EA	A
228	FLORE	AURORA	2013	All Together ssd	1401937	F	EA	A
235	MARCHETTI	AMBRA ANDREA	2013	Promogest Coop - Cagliari	1102967	F	EA	A
237	MARONGIU	CHLOE MARIA	2014	Atlantide ssd - Cagliari	1318505	F	EA	A
246	NATERI	GAIA	2013	Atlantide ssd - Cagliari	1092370	F	EA	A
262	SANNA	GIULIA	2014	All Together ssd	1287356	F	EA	A
215	COCCO	MICHELA	2009	ssd. Antares - Iglesias	967554	F	J	A
216	CONGIU	NOEMI	2010	Acqua Sport ssd - Cagliari	1040922	F	J	A
218	COSSU	MARIA DOMENICA	2009	Acqua Sport ssd - Cagliari	844725	F	J	A
223	DEMONTIS	ALICE	2010	Esperia asd - Cagliari	984460	F	J	A
224	DEPALMAS	GIADA	2009	Sport Full Time - Sassari	951422	F	J	A
238	MASCIA	MATILDE	2009	Atlantide ssd - Cagliari	894581	F	J	A
242	MUDU	VIRGINIA	2010	Esperia asd - Cagliari	990932	F	J	A
250	PERDA	MARTINA	2009	ssd. Antares - Iglesias	956228	F	J	A
274	TOSELLI	MORGANA	2010	Atlantide ssd - Cagliari	967078	F	J	A
164	MARCIALIS	SILVIA	2001	Esperia asd - Cagliari	404284	F	M20	M
184	SALIS	ANTONELLA	2001	Esperia asd - Cagliari	482481	F	M20	M
152	CARA	CAMILLA	1999	ssd. Antares - Iglesias	421243	F	M25	M

185	SANTUS	SARA	1992	Luna Socio Culturale asd	1163365	F	M30	M
187	SEBIS	GRAZIA	1995	Nuoto Club Cagliari	218506	F	M30	M
191	TULUMELLO	CLAUDIA	1994	Rari Nantes Cagliari asd	99222	F	M30	M
154	CONTI	LAURA	1988	Promogest Coop - Cagliari	1392272	F	M35	M
151	BONVECCHI	MARIELA MARTA	1985	Atlantide ssd - Cagliari	1159001	F	M40	M
155	COSSU	MICHELA	1985	Olbia Nuoto asd	791546	F	M40	M
168	MELONI	ELENA	1982	Rari Nantes Cagliari asd	1136215	F	M40	M
158	DI STEFANO	EMANUELA	1979	Atlantide ssd - Cagliari	223138	F	M45	M
159	FAGGIAN	MIRIAM ANNA	1979	Aquatic team freedom ssd srl	1090754	F	M45	M
165	MAROCCHI	ROSSELLA	1979	Acqua Sport ssd - Cagliari	129456	F	M45	M
167	MELIS	MARIA PAOLA	1976	Acqua Sport ssd - Cagliari	224003	F	M45	M
172	NOVEMBRE	SARA	1977	Swim Sassari ssd	218147	F	M45	M
181	RICCI	LUCIA	1980	Esperia asd - Cagliari	394004	F	M45	M
183	SABA	ELEONORA	1979	Nuoto Club Cagliari	1411102	F	M45	M
189	STELLINO	SIMONA	1980	Luna Socio Culturale asd	961222	F	M45	M
192	ZUDDAS	ALICE	1976	Nuoto Club Cagliari	918070	F	M45	M
160	FERNANDEZ SANCHEZ	SONIA	1975	Atlantide ssd - Cagliari	1163624	F	M50	M
161	GAMBARDELLA	FEDERICA	1974	Rari Nantes Cagliari asd	1123429	F	M50	M
162	HEISTE MODDE	EVELIN	1972	Olbia Nuoto asd	560261	F	M50	M
163	LECIS	STEFANIA	1972	Atlantide ssd - Cagliari	702880	F	M50	M
170	MOI	MANUELA	1971	Promogest Coop - Cagliari	571350	F	M50	M
171	MUREDDU	DANIELA	1972	Atlantide ssd - Cagliari	1138651	F	M50	M
175	ONNIS	MARIA CRISTINA	1972	Promogest Coop - Cagliari	830915	F	M50	M
176	PETTINAU	LIDIA	1974	Promogest Coop - Cagliari	221123	F	M50	M
179	PISU	ALESSANDRA	1974	Esperia asd - Cagliari	218683	F	M50	M
180	PUGGIONI	ANTONELLA	1973	Swim Sassari ssd	668548	F	M50	M
188	SPANO	STEFANIA	1974	Promogest Coop - Cagliari	455961	F	M50	M
190	TOLA	SILVIA	1973	Swim Sassari ssd	219334	F	M50	M
173	OLLA	PAOLA	1970	Nuoto Club Cagliari	223006	F	M55	M
177	PICCHIRI	MARIA ALESSANDRA	1966	Rari Nantes Cagliari asd	963378	F	M55	M
178	PILUDU	SILVIA	1969	Rari Nantes Cagliari asd	219150	F	M55	M

182	RUSSO	STEFANIA	1966	Acqua Sport ssd - Cagliari	217491	F	M55	M
153	CARIA	MONICA	1963	Nuoto Club Cagliari	1082561	F	M60	M
157	CROVETTI	ALESSANDRA	1965	Nuoto Club Cagliari	714178	F	M60	M
169	MIGLIACCIO	MADDALENA	1965	Nuoto Club Cagliari	217468	F	M60	M
174	ONANO	DANIELA	1962	Promogest Coop - Cagliari	1221089	F	M60	M
166	MARSELLA	NICOLETTA	1959	Aquatic team freedom ssd srl	1002368	F	M65	M
156	COSTA	ANGELA MARIA	1952	Nuoto Club Cagliari	223792	F	M70	M
186	SCIOLA	MARINA	1952	All Together ssd	814060	F	M70	M
203	AMATO	ALESSIA	2012	Esperia asd - Cagliari	1092310	F	R	A
211	CARTA	SOFIA	2012	Atlantide ssd - Cagliari	1048692	F	R	A
222	DEMASI	REBECCA	2011	Esperia asd - Cagliari	976008	F	R	A
236	MARCIA	BENEDETTA	2011	Atlantide ssd - Cagliari	993386	F	R	A
239	MEDDA	LETIZIA	2011	Esperia asd - Cagliari	925181	F	R	A
240	MELONI	MATILDE	2012	Acqua Sport ssd - Cagliari	1025294	F	R	A
244	MURTAS	GIULIA ANDREA	2012	ssd. Antares - Iglesias	1184539	F	R	A
248	PANI	SOFIA	2012	Acqua Sport ssd - Cagliari	1318502	F	R	A
251	PINTUS	GIULIA	2012	Atlantide ssd - Cagliari	970480	F	R	A
258	RUGGERI	ELISABETTA	2011	Acqua Sport ssd - Cagliari	1463807	F	R	A
263	SANNA	MATILDE	2012	All Together ssd	1355841	F	R	A
266	SASSONE	GIADA	2012	Acqua Sport ssd - Cagliari	1048696	F	R	A
272	SPISSU	SARA ANDREA ANNA	2012	ssd. Antares - Iglesias	1184533	F	R	A
273	TODDE	ESTER FATIMA	2012	Rari Nantes Cagliari asd	974167	F	R	A
277	ZUCCA	VALERIA	2006	All Together ssd	628656	F	S	A
255	RICUPERATO	GABRIELE	2005	Atlantide ssd - Cagliari	798481	M	C	A
201	AGOS	ANDREA	2012	All Together ssd	1466795	M	EA	A
206	BATTISTINI	LUCA	2012	Aquatic team freedom ssd srl	1091049	M	EA	A
213	CASU	FRANCESCO	2012	Esperia asd - Cagliari	1092311	M	EA	A
217	CORRIAS	MICHELE	2012	Atlantide ssd - Cagliari	1027502	M	EA	A
219	COTZA	NICOLO'	2013	Atlantide ssd - Cagliari	1190189	M	EA	A
225	DERIU	ANDREA	2013	Esperia asd - Cagliari	1027495	M	EA	A
226	FIGUS	ALESSANDRO	2013	Atlantide ssd - Cagliari	1206654	M	EA	A

227	FIGUS	LORENZO	2013	Atlantide ssd - Cagliari	1206653	M	EA	A
230	FRAU	MATTIA	2012	Acqua Sport ssd - Cagliari	1025302	M	EA	A
231	FRESU	MATTIA	2012	Aquatic team freedom ssd srl	1091071	M	EA	A
245	MURU	LORENZO	2012	Acqua Sport ssd - Cagliari	1045593	M	EA	A
247	ORRU'	GABRIELE	2012	All Together ssd	1356514	M	EA	A
249	PASSARETTI	DANIELE	2012	Atlantide ssd - Cagliari	1127610	M	EA	A
260	RUGGIU	FRANCESCO	2012	Esperia asd - Cagliari	1181581	M	EA	A
261	RUSSO	ANDREA ALEJANDRO	2012	Atlantide ssd - Cagliari	1027636	M	EA	A
267	SASSONE	VALENTINO	2012	Acqua Sport ssd - Cagliari	1048695	M	EA	A
275	USAI	EDOARDO	2012	Atlantide ssd - Cagliari	1027497	M	EA	A
210	CARTA	MARCO	2008	Pol. Ferrini - Cagliari	918529	M	J	A
229	FONTANAROSA	LORENZO	2008	Pol. Ferrini - Cagliari	918525	M	J	A
232	IANNUZZELLI	ANDREA	2008	Acqua Sport ssd - Cagliari	852760	M	J	A
234	LOBINA	NICOLAS	2008	Acqua Sport ssd - Cagliari	930550	M	J	A
256	RIVANO	MIRKO	2008	Acqua Sport ssd - Cagliari	712933	M	J	A
47	LECIS	SIMONE	1997	Atlantide ssd - Cagliari	1194631	M	M25	M
82	PICCIAU	ENRICO	2000	Esperia asd - Cagliari	1392623	M	M25	M
83	PICCIAU	FRANCESCO	2000	Esperia asd - Cagliari	1392624	M	M25	M
104	TORRENTE	RAFFAELE	1997	Atlantide ssd - Cagliari	1186110	M	M25	M
53	MANCA DI VILLAHERMOSA	STEFANO	1994	Rari Nantes Cagliari asd	1451989	M	M30	M
63	MASIA	MATTEO NAZZARENO	1992	De Akker Team ssd arl	219023	M	M30	M
74	OLLANO	MAURO	1995	All Together ssd	628659	M	M30	M
86	PILO	FRANCESCO	1994	Aquatic team freedom ssd srl	1221088	M	M30	M
7	AURIEMMA	ANTONIO	1987	Acqua Sport ssd - Cagliari	223992	M	M35	M
14	CAMEDDA	SIMONE	1986	Atlantide ssd - Cagliari	1327221	M	M35	M
29	DE LISA	DANIELE	1990	Rari Nantes Cagliari asd	460743	M	M35	M
36	DETTORI	STEFANO	1990	Swim Sassari ssd	1023704	M	M35	M
43	GESSA	FABIO	1986	Nuoto Club Cagliari	1000118	M	M35	M
73	MURTAS	CARLO ALBERTO MARIA	1987	Esperia asd - Cagliari	936151	M	M35	M
76	ORTU	MATTEO	1986	Esperia asd - Cagliari	217471	M	M35	M
89	PONTI	ANDREA	1987	asd Fanatik Team Forli '	41072	M	M35	M

4	ARESU	MARCO GIOVANNI	1984	Esperia asd - Cagliari	221777	M	M40	M
13	CALLEDDA	MARCELLO	1983	Acqua Sport ssd - Cagliari	224139	M	M40	M
25	CRIENTI	EMANUELE	1983	Esperia asd - Cagliari	481012	M	M40	M
40	FLORIS	MAURO	1984	Esperia asd - Cagliari	220577	M	M40	M
42	GALANELLO	GIACOMO ANTONIO	1985	Rari Nantes Cagliari asd	218586	M	M40	M
60	MARONGIU	FABIO	1981	Atlantide ssd - Cagliari	1529230	M	M40	M
61	MARROCU	GIANCARLO	1982	Rari Nantes Cagliari asd	218480	M	M40	M
72	MURRU	MAURO	1984	Promogest Coop - Cagliari	1392564	M	M40	M
75	ORRU'	ALBERTO	1984	Luna Socio Culturale asd	221826	M	M40	M
78	PANDINU	FRANCESCO	1982	Atlantide ssd - Cagliari	669133	M	M40	M
30	DE MATTEIS	MARCO	1976	Rari Nantes Cagliari asd	1162993	M	M45	M
32	DE SANTIS	FRANCESCO MATTIA	1976	Nuoto Club Cagliari	1497204	M	M45	M
39	FERINO	GIULIO	1978	Esperia asd - Cagliari	220331	M	M45	M
46	IBBA	PAOLO	1978	Esperia asd - Cagliari	1059699	M	M45	M
55	MARCIA	MAURO	1977	Atlantide ssd - Cagliari	1414733	M	M45	M
57	MARINARO	ALBERTO	1977	Atlantide ssd - Cagliari	636915	M	M45	M
64	MASILI	MARCO	1976	Atlantide ssd - Cagliari	223463	M	M45	M
81	PERLA	FABRIZIO	1976	Rari Nantes Cagliari asd	223095	M	M45	M
96	REFORGIATO	DIEGO ANGELO	1978	Nuoto Club Cagliari	227936	M	M45	M
98	SECHI	LEONARDO	1976	Promogest Coop - Cagliari	223134	M	M45	M
106	URGU	CARLO	1977	Esperia asd - Cagliari	721776	M	M45	M
2	ABIS	IGNAZIO	1973	Esperia asd - Cagliari	1139496	M	M50	M
15	CANALIS	FRANCESCO	1971	Aquatic team freedom ssd srl	873012	M	M50	M
17	CANGEMI	ANDREA	1974	Atlantide ssd - Cagliari	682617	M	M50	M
18	CANU	FRANCESCO	1975	Swim Sassari ssd	1111612	M	M50	M
22	CHERI	RICCARDO MASSIMILIANO	1971	Acqua Sport ssd - Cagliari	1184908	M	M50	M
23	COIS	MAURO	1973	Rari Nantes Cagliari asd	1062353	M	M50	M
24	COSTA	ANDREA	1971	Atlantide ssd - Cagliari	537068	M	M50	M
31	DE SANTIS	ALBERTO	1975	Atlantide ssd - Cagliari	222843	M	M50	M
35	DEMONTIS	ANTONIO PAOLO	1975	Aquatic team freedom ssd srl	582613	M	M50	M
38	FAEDDA	ALESSIO	1972	Promogest Coop - Cagliari	222814	M	M50	M

41	FURCAS	CRISTIAN	1974	Acqua Sport ssd - Cagliari	1001484	M	M50	M
48	LILLIU	GIANLUCA	1974	All Together ssd	1512052	M	M50	M
50	LOI	WILLIAM	1973	Atlantide ssd - Cagliari	1139114	M	M50	M
54	MARCHI	SANDRO	1972	All Together ssd	729171	M	M50	M
56	MARGHINOTTI	MASSIMO	1975	Promogest Coop - Cagliari	1392461	M	M50	M
62	MASCIA	RICCARDO	1972	Esperia asd - Cagliari	218482	M	M50	M
70	MURGIA	FRANCESCO	1974	Promogest Coop - Cagliari	1392551	M	M50	M
71	MURRU	MARCO	1973	Atlantide ssd - Cagliari	1061766	M	M50	M
84	PICCIAU	FRANCESCO	1974	Esperia asd - Cagliari	221032	M	M50	M
85	PILLAI	ANTONIO	1974	Promogest Coop - Cagliari	844961	M	M50	M
91	PUDDU	FRANCESCO	1975	Nuoto Club Cagliari	222653	M	M50	M
92	PUDDU	GIUSEPPE	1971	Oppidum Sport - Cagliari	219587	M	M50	M
93	PUSCEDDU	MASSIMO	1972	Atlantide ssd - Cagliari	219889	M	M50	M
101	SOLE	ANDREA	1973	Atlantide ssd - Cagliari	745830	M	M50	M
103	TOCCO	GIUSEPPE	1973	Atlantide ssd - Cagliari	1166814	M	M50	M
105	TOSELLI	RICCARDO ANGELO GIOVANNI	1971	Atlantide ssd - Cagliari	220673	M	M50	M
107	VANOLI	MAURO	1974	Acqua Sport ssd - Cagliari	870343	M	M50	M
108	VERDE	MASSIMILIANO GAETANO	1971	Aquatic team freedom ssd srl	1318765	M	M50	M
1	ABATE	GIUSEPPE	1967	Atlantide ssd - Cagliari	221855	M	M55	M
3	AMBU	WALTER	1970	Rari Nantes Cagliari asd	1147751	M	M55	M
5	ARGIOLAS	PAOLO	1966	Atlantide ssd - Cagliari	745828	M	M55	M
21	CECCARELLI	MATTEO	1969	Atlantide ssd - Cagliari	612312	M	M55	M
26	CROBU	ANDREA	1970	Atlantide ssd - Cagliari	1327707	M	M55	M
33	DEIANA	SERGIO	1969	Esperia asd - Cagliari	1418654	M	M55	M
37	FADDA	FABRIZIO	1966	Esperia asd - Cagliari	1419740	M	M55	M
44	GIARDINA	GIOVANNI	1968	Esperia asd - Cagliari	483932	M	M55	M
49	LOI	GIORGIO	1967	Rari Nantes Cagliari asd	1342245	M	M55	M
67	MELONI	EMANUELE	1969	Rari Nantes Cagliari asd	218301	M	M55	M
77	PAGANI	VITTORIO	1968	Atlantide ssd - Cagliari	222942	M	M55	M
79	PAU	EMANUELE	1966	Atlantide ssd - Cagliari	672348	M	M55	M
87	PISANO	FEDERICO	1967	Rari Nantes Cagliari asd	1137775	M	M55	M

88	PISANO	ROBERTO	1969	Atlantide ssd - Cagliari	610317	M	M55	M
95	PUZANOV	ANDREY	1967	Acqua Sport ssd - Cagliari	1014081	M	M55	M
99	SITZIA	CRISTIAN	1968	Atlantide ssd - Cagliari	1322779	M	M55	M
100	SOGOS	MAURIZIO	1970	Swim Sassari ssd	219398	M	M55	M
102	SOTGIU	FABRIZIO	1968	Nuoto Club Cagliari	978047	M	M55	M
6	ATZORI	MAURIZIO	1964	Nuoto Club Cagliari	217034	M	M60	M
9	BIONDO	GIUSEPPE	1965	Rari Nantes Cagliari asd	222827	M	M60	M
11	BUSETTO	MASSIMO	1965	Rari Nantes Cagliari asd	218240	M	M60	M
16	CANCEDDA	ENRICO	1961	Atlantide ssd - Cagliari	544685	M	M60	M
27	D'ALBERTO	PAOLO	1961	Nuoto Club Cagliari	926446	M	M60	M
51	MAGLIULO	GIOVANNI	1963	Aquatic team freedom ssd srl	217948	M	M60	M
58	MARISOTTI	AUGUSTO	1965	Promogest Coop - Cagliari	527166	M	M60	M
59	MARONGIU	DANILO	1963	Luna Socio Culturale asd	1082617	M	M60	M
65	MASTINU	RENATO FRANCESCO	1961	Luna Socio Culturale asd	745147	M	M60	M
66	MAXIA	ANTONIO	1961	Rari Nantes Cagliari asd	220565	M	M60	M
68	METTA	MARCO	1962	Pol. Ferrini - Cagliari	996231	M	M60	M
80	PAU	LUIGI	1964	Rari Nantes Cagliari asd	812805	M	M60	M
94	PUTZOLU	FRANCESCO	1965	Nuoto Club Cagliari	218999	M	M60	M
97	SANNA	SALVATORE	1965	Luna Socio Culturale asd	1022189	M	M60	M
109	ZINZULA	FABRIZIO	1965	Esperia asd - Cagliari	222636	M	M60	M
10	BORRA	SALVATORE	1959	Aquatic team freedom ssd srl	1090863	M	M65	M
12	CABONI	PAOLO	1957	Nuoto Club Cagliari	217025	M	M65	M
19	CARRUS	STEFANO	1959	Esperia asd - Cagliari	220809	M	M65	M
34	DEMONTIS	ALDO	1959	Rari Nantes Cagliari asd	223000	M	M65	M
45	GUIZO	IGNAZIO	1960	Frog Swimming Lib.Cagliar	952974	M	M65	M
52	MANCA	MARIO	1957	Acqua Sport ssd - Cagliari	1146058	M	M65	M
69	MULAS	SALVATORE	1960	Rari Nantes Cagliari asd	1225030	M	M65	M
90	PORCU	ANTIOCO	1960	Nuoto Club Cagliari	218764	M	M65	M
8	BALISTRERI	SANDRO	1953	Rari Nantes Cagliari asd	1215687	M	M70	M
20	CAU	BRUNO	1954	Luna Socio Culturale asd	1201442	M	M70	M
28	DE GIORGI	CARLO	1954	Nuoto Club Cagliari	223130	M	M70	M

202	AIELLO	LUIGI	2010	Esperia asd - Cagliari	926389	M	R	A
204	ATZENI	LORENZO	2011	Esperia asd - Cagliari	990438	M	R	A
221	DE MARTIS	LUCA	2009	Atlantide ssd - Cagliari	799877	M	R	A
233	INGHILLERI	LEONARDO	2010	Esperia asd - Cagliari	925173	M	R	A
241	MOI	MATTEO	2011	Esperia asd - Cagliari	994345	M	R	A
243	MURGIA	PIETRO	2011	Esperia asd - Cagliari	990445	M	R	A
252	PIRAS	MICHELANGELO	2011	Atlantide ssd - Cagliari	994363	M	R	A
253	PISANO	FABIO	2011	Acqua Sport ssd - Cagliari	1213558	M	R	A
254	PITZANTI	LORENZO	2010	Atlantide ssd - Cagliari	897713	M	R	A
257	ROCCA	FEDERICO	2011	Acqua Sport ssd - Cagliari	1092124	M	R	A
264	SANNINO	FRANCESCO	2009	Aquatic team freedom ssd srl	1014274	M	R	A
265	SAOLINI	LEONARDO	2010	Acqua Sport ssd - Cagliari	1127605	M	R	A
269	SOLE	TOMMASO	2010	Atlantide ssd - Cagliari	925623	M	R	A
270	SOLINAS	FRANCESCO	2009	Aquatic team freedom ssd srl	1010753	M	R	A
271	SOTGIU	GIACOMO	2010	Pol. Ferrini - Cagliari	1366450	M	R	A
276	VEGNA	EDOARDO	2011	Sport Full Time - Sassari	1091054	M	R	A
268	SECCI	FEDERICO	1990	Promogest Coop - Cagliari	223897	M	S	A